



ON YOUR MARK!!!

January 2009

Volume 1 no. 1

Do you have a unit-based research group? If so, please fill out an [update-form](#) to keep the Nursing Research committee abreast of current projects.

Get Ready...

What is EBP?

As nurses, we want to deliver the best care we can to our patients and their families. Patients and families also expect to receive the best nursing care. With all the current medical information, new technologies, and informed families; how do we decide which is the best treatment to provide optimal care? Evidence-based practice is an approach that allows the bedside nurse to provide care based upon the best available information that will enable our patients to maximize their health.

Evidence-Based Practice "What is it?" Bonnie Kitchen, P.N.P. [Full article link](#)

Journal Club 101: Breaking down a research article. [Check it out!](#)



Upcoming Events

EBP & Research for Beginners
Jan 8, 2009
May 13, 2009

EBP Academy begins:
Jan 2009 *

Poster Development Workshop
Jan 22, 2009

*call for more details

Get Set...

Federal regulations require that projects that collect data from or about human subjects must be approved by the Institutional Review Board (IRB) prior to collecting data.

Did you know... IRB training is required for those participating in research?

*For more information on how to get started on a research project, see these [FAQs](#).

Congratulations!!

Go!!!

Presented at the Southern Medical Association 21st Annual Southern Region Burn Conference: Project leaders—Tamara Foster & Mandy Yelvington.

Presented at the 2008 International Respiratory Congress: Project leaders—Ben Downs, Randy Willis, James Coffman & Lauren Willis.

Kudos to all [these folks](#) too!!!

